



STUDY THE PLAYBOOK

PHILIPPIANS 4:6-7

6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.



"THERE'S SO MUCH IN THE COACHING WORLD BEYOND MY CONTROL"

COACH GIBBS



- WHAT CAUSES YOU TO WORRY OR BE ANXIOUS IN LIFE?
- HOW DO YOU TYPICALLY RESPOND WHEN THINGS HAPPEN THAT ARE BEYOND YOUR CONTROL?



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 HOW COULD YOU USE THE TRUTH AND GUIDANCE FOUND IN GOD'S WORD TO RESPOND MORE EFFECTIVELY TO THE SURPRISES LIFE THROWS AT YOU?

WITH ME. "

COACH GIBBS

 HOW CAN GOD'S WORD GUARD OUR HEARTS AND MINDS?